

# WHY ATHLETES NEED BREAST SUPPORT

**1 IN 5** women say breast movement limits their training, a bigger barrier than cost or access

without proper support, stride length is decreased by 4cm, putting athletes

**a mile behind**

over the course of a marathon

**increased risk of injury including ACL**

breast movement affects lower limb biomechanics, increasing the risk of injury

Breast mass and movement strain posture and alter form, making training harder and causing

**reduced oxygen intake**

**decreased stamina**

muscle activity increases to compensate for breast movement, leading to early muscle fatigue and decreased performance

**72% athletes**

report distracting breast pain while exercising

**LEARN MORE**



**CRICED CYMRU**  
**CRICKET WALES**

x

**TIGERS EYE**



# PERFORMANCE-BOOSTING BREAST SUPPORT

## **Antibacterial Silver Treatment**

Eliminates odour and allows repeated wear without washing

## **Wide & padded straps**

Comfort under kit & shoulder protection

## **Silicone grips**

Keeps breasts in place in the cups

## **Mesh panel**

Improves airflow



## **The Vault**

Upper bust support

## **Built-in padding**

Provides coverage, support and protection

## **Firm underband**

Stabilizes breasts without limiting breathing

- Reduce breast movement and pain
- Improves performance through enhanced support & comfort
- Supports natural mechanics by improving posture

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