



COVID-19 Guidance for Cricket Indoors in Wales at COVID Alert Level 0

This advice is updated to reflect the recent move to Alert Level 0 in Wales and replaces previous Guidance for Cricket Indoors in Wales. It provides guidance you should consider in order to play cricket indoors safely this winter.

You should also consult the [Welsh Government Alert level 0: Guidance for employers, businesses and organisations](#)

This document is subject to change. For the latest advice on COVID safety when participating in cricket in England and Wales see www.ecb.co.uk/covid-19

Note: at the time of issue of this version, there are no restrictions on how many people can take part in sport and physical activity, or on the activities they can do.

A [NHS Covid pass](#) is now required in Wales to attend large events (over 500 people indoors), but this is unlikely to affect indoor cricket activity over the winter.

Advice for delivering and playing cricket indoors safely this winter

1. **Carry out a risk assessment.** At Alert Level 0, venues and providers are still legally obliged to carry out a risk assessment of COVID risk appropriate to their responsibilities and take all reasonable measures to limit the spread of the virus in their facility.
2. **Collaborate and communicate.**
 - a. **Cricket Providers and Venues:** Work with each other to deliver cricket safely through your risk assessment and then communicate the safety measures to your participants well ahead of any session or match.
 - b. **Participants:** Follow your cricket provider's safety measures – these may vary from provider to provider and from venue to venue, so check information you were sent when booking or joining a course, net session, match or other event. Please be aware that you have a responsibility to yourself and others to participate safely – if you are unsure of any requirements consult with your cricket provider or venue as appropriate.

3. **Do not attend any session with COVID.** Before attending any sporting activities, all participants, officials, staff, volunteers and spectators should self-assess for symptoms of coronavirus (COVID-19). These are:
 - a. a high temperature
 - b. a new, continuous cough
 - c. a loss of, or change to, your sense of smell or taste

If you have one or more of these symptoms you should not attend any sporting activity, even if your symptoms are mild. You should follow [Welsh Government advice](#) regarding checking your symptoms and seeking help.

Welsh Government advice on self-isolation can be found [here](#).

4. **Minimise the sharing of equipment** where it is possible and practical, particularly that used around the head and face. Where equipment needs to be shared, it should be cleaned between users and between sessions.
5. **Use hygiene breaks where balls are shared**, for example in matches or in net sessions where balls are made available to participants, minimise the number of people handling the ball and include hygiene breaks in which hands and the ball are sanitised.
6. **Maintain good hygiene:**
 - a. Participants and providers should continue to sanitise their hands frequently, including within and between sessions.
 - b. Common touch points such as playing and training equipment should be sanitised between sessions.
 - c. Avoid spitting or rinsing out your mouth on or around the playing area.
 - d. Avoid sharing water bottles or other refreshment containers. Where possible, you should take your own drink, in a labelled or highly distinguishable container.
 - e. Clean more often.
7. **Provide adequate ventilation:**
 - a. Venues and cricket providers should make sure there is a supply of fresh air to enclosed spaces where there are people present. This can be natural ventilation through windows, doors and vents, mechanical ventilation using fans and ducts, or a combination of both. You should identify any poorly ventilated spaces and consider steps you can take to improve fresh air flow in these areas.
 - b. Cricket providers and participants must be aware of what natural ventilation is included in the venue ventilation strategy and not close doors and windows unless this is in consultation with the venue.
 - c. Participants and cricket providers should be advised to dress in suitable warm clothing, ideally in layers so that they can manage their temperature through the session – especially coaching staff because they will be less active than participants.
 - d. In some places, a CO₂ monitor can help identify if the space is poorly ventilated. You can find more information in the [HSE guidance on ventilation and air conditioning during the COVID-19 pandemic](#). As a cricket provider, check with your venue to see whether a CO₂ monitor is in use and what you need to do in response to any alarms or indications from the monitor.

8. **Face coverings** - People should **NOT** generally wear a face covering **while taking part in any strenuous activity or sport**, unless advised to do so by a doctor.
However, face coverings **are still required by law in Wales in all other indoor public spaces**, including public transport*. This applies to all those aged 11 and over.

*The only exceptions to this are specific medical exemptions, and places where food and drink is served, such as pubs, cafés and restaurants. Such venues may, however, request that patrons wear face coverings as part of their mitigations to risks identified in their risk assessment.

Welsh Government have also issued this [Action Card](#) for Indoor sports facilities, which venues are also encouraged to note and take actions, as required, for your activity, business and venue.